



# Chesapeake Speaks!

Chesapeake Society of Gastroenterology Nurses and Associates

[www.csgna.org](http://www.csgna.org)

FEBRUARY 2010

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## President's Message

As we are entering our 29<sup>th</sup> year as CSGNA, I am pleased to serve as your president for 2010. To be honest, I did have some trepidation last year when I was nominated as the President Elect, but after some thinking I came to the conclusion that it was time for me to give back to the organization that has given me so much.. I personally am grateful to SGNA and the CSGNA for not only igniting my passion for GI nursing more than 25 years ago, but, moreover, keeping the flame alive. Besides the educational aspects, the networking opportunity has been invaluable, not to mention the friends I have made. It has been my experience that the more effort you make to grow in your profession the more you get out of it; that includes continually educating yourself and practicing and sharing what you learn. The CSGNA has enabled me to do just that and I am pleased to be able to give back by serving on the board alongside the other dedicated board and committee members.

An organization is only as strong as its members and I am happy to say that we are off to a good start thanks to the strong foundation we stand on. 2009 was a successful year for us as we were not only able to grow our membership but also our vendor support. Thanks to that support and the hard work of the education committee and board members, our members were able to enjoy an excellent multiregional Delmarva conference last Spring in Delaware, several dinner meetings and a successful Fall educational meeting at Suburban Hospital. We also revamped our website enabling up to date event information, easier registration and better communication.

We can look forward to an exciting year starting with the Delmarva Spring educational meeting in Charlottesville, Va on March 20 - 21. Next, we will have a dinner meeting to celebrate GI Nurses' Day on March 24 at Inova Fairoaks Hospital - with no cost to the members for the dinner. Several other meetings are in the planning stages and I would like to invite you all to be a part of it. Please check our website: [www.csgna.org](http://www.csgna.org) for information on our next planning meeting. I encourage you to get involved; you will not regret it! Please feel free to contact me for any questions, comments or suggestions.

Thank you,

*Hettie C Mercer*

Hettie Mercer MSN, RN, CGRN

[hmerc@verizon.net](mailto:hmerc@verizon.net)

Telephone: 703.437.8938

**MARCH 24, 2010**  
**GI NURSES and ASSOCIATES DAY CELEBRATION**  
**5:30 PM INOVA FAIR OAKS HOSPITAL**



**Patient Flow: Efficiency in Endoscopy**  
**Vanessa Monroe MBA BSN RN CNOR**

**Physicians Conference Center**  
**3700 Siewick Drive**  
**Fairfax, VA 22033**

- 5:30 pm Meet and Greet and Dinner in Auditorium Foyer
- 6:25 pm Welcome and Announcements
- 6:30 pm Lecture
- 7:30 pm Conclusion and evaluations

Through the generous contribution of Olympus America, Inc.  
 this event in Celebration of GI Nurse's Day is open to all CSGNA Members and Non-Members.  
 Please thank Evan Susskind and Vanessa Monroe for their support.

This education activity has been approved by the California Nurses Association for 1.0 contact hour.

**Carolyn McQuighan**  
**11155 Yellow Leaf Way**  
**Germantown, MD 20876**

**Info & Assistance: Carolyn McQuighan**  
**(301) 972-1858 H**  
**(301) 928-5778 C**

**Registrations by Mail ONLY, please.**

<b>Registrations by Mail ONLY, please.</b>	
Last Name:	First Name:
Home Address:	City: State: ZIP:
Telephone (Home):	Telephone (Work):
Email:	FAX:
Employer:	Nurse Manager:
Member Number:	



## CSGNA Telephone Directory

**Hettie Mercer, President**

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(h) 703-437-8938

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(w) 301-896-2710

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**Jennifer Lee, Past-President**

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(h) 301-963-3758

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[shushalee@comcast.net](mailto:shushalee@comcast.net)

**Carolyn McQuighan, Education Chair**

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[cmcquighan@comcast.net](mailto:cmcquighan@comcast.net)

**Barbara Pedersen**

CSGNA Scholarships & Awards Committee

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(F) 301-593-6269

[endonurse@att.net](mailto:endonurse@att.net)

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(h) 240-403-7302

[Cathy.dykes@med.navy.mil](mailto:Cathy.dykes@med.navy.mil)

### Treasurer's Report

Checking Account \$ 34,901.31

Savings Account \$ 31,223.64

Balance \$ 66,124.95



**Want to get involved but think you don't have the time or talent? CSGNA is a dynamic group of almost 300 and we need you!!!**

**The Board of Directors is very fortunate to have some wonderful dedicated nurses who need your help. We especially need help with the education committee and will need a new treasurer in 2011.**

**There are plenty of us "old folks" who are willing to mentor and help, but we need new, young, fresh ideas. I promise you that you will receive so much more out of this than you give.**

**Please think about it and call me or anyone else and we'll be glad to talk to you about what you might enjoy doing.**

**Help us continue to set CSGNA up for success.**

**Cathy Dykes**

# Delmarva Multi-Regional Conference March 20-21 Charlottesville, VA

## Goals/Objectives

The Delmarva 12th Annual Education conference will provide an overview of current applications, and new therapies for GI diseases and patient care for the GI Nurse, thus preparing them to integrate the latest developments and expert recommendations into their practice.

## Accreditation Statement

This educational activity has been submitted to the Society of Gastroenterology Nurses and Associates (SGNA), Inc. for approval of approximately 13 CEU's. The SGNA is accredited as an approver of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation.

## For Further Information Registration Confirmation and Other Course Information Contact:

**Margie Danner-Roth**  
434-604-0706

[margealena@yahoo.com](mailto:margealena@yahoo.com)

**Doubletree Hotel Charlottesville**  
990 Hilton Heights Road  
Charlottesville, VA 22901  
Telephone: 434-973-221

Rates for the hotel room are \$109.00 plus tax single or double. For reservations, call 1-800-494-9467. Group name is **DelMarVa**.

The group rate is good until 2/26/2010.



<b>REGISTRATION</b>		
Name: _____		
Address: _____		
City: _____ State: _____ Zip: _____		
Phone: (____) _____		
Email Address: _____		
Place of Employment: _____		
SGNA Member #: _____		
RN/LPN Lic. #: _____		
Will you be staying at the Doubletree Charlottesville? <input type="checkbox"/> Yes <input type="checkbox"/> No		
<input type="checkbox"/> <b>CREDIT CARD:</b> go to <a href="http://www.delawaresgna.com">www.delawaresgna.com</a>		
<input type="checkbox"/> <b>CHECK:</b> Return check fee of \$30		
<input type="checkbox"/> <b>ON SITE REGISTRATION:</b> Late Fee Applies		
	By 3/06	After 3/06
SGNA Members	\$150	\$200
Non-SGNA Members	\$200	\$250
Guest Lunch Saturday: \$35 Guest Breakfast Sunday: \$20		
<b>Payment must accompany your registration.</b>  Please tear off the registration form and send to:		
<b>Delmarva SGNA</b> <b>PMB 124</b> <b>686 Dupont Highway</b> <b>Milford, DE 19963</b>		
<b>Cancellation Policy:</b> If you must cancel, notify the Delmarva SGNA in writing by mail or by fax 302-628-6312 by <b>March 6th</b> .		
<b>Cancellations received after March 6th are non-refundable.</b>		
<i>The Delmarva SGNA reserves the right to cancel or postpone any course due to unforeseen circumstances. In the event of cancellation or postponement, the Delmarva SGNA will refund only the registration fee and is not responsible for other travel related expenses.</i>		



Time	Speaker	Lecture/Event
7:00-7:50		Registration & Continental Breakfast <i>Visit Vendors</i>
7:50-8:00	Margie Danner <i>Old Dominion</i>	Welcome
8:00-9:00	Dr. Neeral Shah	GI Bleeding: How to Stabilize the Patient...and Yourself
9:00-10:00	Nancy Schlossberg RN	Reconsidering Re-Processing
10:00-10:45	<b>BREAK</b>	<i>Visit Vendors</i>
10:45-11:30	Dr. Christopher Lyons	Eosinophyllic Esophagitis
11:30-12:00	Karen Carlson RN	Moderate Sedation and Medication Safety
12:00-1:15	<b>LUNCH (ticket collected)</b>	<i>Visit Vendors</i>
1:15-2:15	Dr. Brantley	Fit Feet for the GI Professional
2:15-3:15	Kristi Ellen RN Carol Parish RD	Care and Nutrition Considerations for Patients with PEG's Percutaneous Endoscopic Gastrostomy
3:15-3:30		<i>Break</i>
3:30-4:30	Lynne Thomas RN	Process Improvement Advocate-Your Power Position
4:30-5:15	Joe Surratt RN	Clostridium Difficile
<b>Sunday, March 21, 2010</b>		
7:00-7:50		Sign-In & Full Breakfast (ticket collected)
7:50-8:00	<i>Delaware SGNA</i>	Announcements
8:00-8:45	Cathy Dykes RN	The Poop on Preps
8:45-9:30	Dr. Cindy Yoshida	Constipation
9:30-10:00	Cathy Dykes RN	Speak Easy
10:00-10:15	<b>BREAK</b>	
10:15-11:15	Grace Beth White RN	Endoscopic Ultrasound, Cystgastroscopy, Pseudocysts
11:15-12:15	Dr. Brian Behm	Inflammatory Bowel Disease
12:15-12:30	<i>ChesapeakeSGNA</i>	Closing Remarks

# **CSGNA**

# **SCHOLARSHIPS**

The Board of Directors is pleased to announce due to financial responsibility, we are increasing the number of scholarships that will be offered in 2010

## **2- \$1,500.00 Scholarships**

### **2010 SGNA Annual Educational Conference in Orlando**

- Registration will be given up front
- Receipts to be submitted within 30 days of event for reimbursement of hotel, airfare (food, misc. transportation at own expense)
- Article for Newsletter or participation in Best of SGNA 2010 presented to regional

**\$500 Kathy Maher Scholarship**

**\$500 Debbie Krohn Scholarship**

**2- FALL CSGNA Scholarships**



## APPLICATION FOR EDUCATIONAL SCHOLARSHIP

### *Eligibility:*

You may be eligible for a CSGNA Educational Scholarship if:

1. You have been a member of CSGNA for 1 or more years (Jan 1, 2009)
2. You must actively support the goals and Philosophy of CSGNA and SGNA

### *You are ineligible if:*

1. You have received a scholarship from CSGNA in the past 2 years
2. You are a member of the CSGNA Board of Directors

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

City ST ZIP

PHONE: (H) \_\_\_\_\_ (W) \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Position: \_\_\_\_\_

Certified:  Yes Year: \_\_\_\_\_  NO Years of GI Experience: \_\_\_\_\_

### REQUIREMENTS : A and B

#### **A. Please send the following information in a paragraph:**

1. Your goals and objectives for attending this offering
2. Why you should be considered for this scholarship

*B. Please list activities regarding professional involvement:*

PLEASE NOTE THE APPROPRIATE DATES OF INVOLVEMENT FOR EACH ACTIVITY

SGNA	CSGNA
MEMBERSHIP: DATE JOINED: _____	
Treasurer	
Secretary	
President-elect	
President	
Other (Specify)	
<b>Committees:</b>	
Articles/Bylaws	
Awards	
Budget/Finance	
CBGNA	
Editorial Board	
Education	
House of Delegates	
Legislation	
Long Range Planning	
Membership	
Newsletter	
Practice	
Product Education/Safety	
Program	
Public Relations	
Regional Societies	
Research	
Special Interest Groups	
Task Force (Specify)	

PRESENTATIONS:

PUBLICATIONS:

AWARDS:

OTHER PROFESSIONAL MEMBERSHIPS AND CONTRIBUTIONS:

Please e-mail or fax completed applications by **March 14, 2010** to:  
Barbara Pedersen, RN BS CGRN  
CSGNA Scholarships & Awards Committee  
(H) 301-279-2579  
(F) 301-593-6269  
[endonurse@att.net](mailto:endonurse@att.net)

Notification of Scholarship Awards will be sent by March 20, 2010 for the SGNA Conference.

*All receipts and an expense report will be submitted to the CSGNA treasurer within 30 days after the offering to receive reimbursement. I understand that if I receive a CSGNA Scholarship, I am required to apply funds received toward expenses related to attending the course. The winner of the \$1500 scholarship will be expected to write an article for the CSGNA Newsletter and/or participate in the "Best of SGNA 2010" roundtable discussion to be held at the CSGNA Conference in November.*

Signature: \_\_\_\_\_ Date \_\_\_\_\_