



Chesapeake Speaks!

Chesapeake Society of Gastroenterology Nurses and Associates

www.csgna.org

FEBRUARY 2009

WEDNESDAY MARCH 18, 2009

CHEF
GEOFF'S

Join us for Dinner Celebrating
GI NURSES and ASSOCIATES DAY

3201 New Mexico Ave NW
Washington, DC 20016
202-237-7800

Meet & Greet 5:30

6:00 PM Dinner

"Medication Safety

for Moderate Sedation"

Karen Carlson RN

\$10 Member/\$30 Non Member

1.0 CEU applied for thru SGNA

(Capacity 65)

PRESIDENT SPEAKS

As Chesapeake SGNA enters its 28th year in 2009, I am very honored and proud to serve as president of the CSGNA. This year will be an exciting year for the CSGNA. We have many enthusiastic people working diligently to plan education programs for our members. With great speakers and great turnout of our nurses, last year we had a very successful Fall Conference. We are grateful for the Anne Arundel Hospital's hospitality and support.

For the past 27 years, the CSGNA has always been a very active professional organization. It serves her members well professionally in enhancing their professional knowledge and skills, and socially in networking and making new friends. Twice in the past, CSGNA was selected as "the Outstanding Region" by the SGNA. To continue this tradition, we need more members, old or new, to actively participate in our activities, to inject new ideas, and to serve as CSGNA officers. After all, members are the most valuable asset of the CSGNA.

We have accomplished a great deal over the past 27 years and we are setting our sights on improving the programs we offer to our members. The Chesapeake SGNA will have a meeting after the March 18th GI Nurses Week one hour lecture at Chef Geoff's restaurant to discuss some issues and also to come up with a plan for the DelMarVa conference for 2010. The Chesapeake SGNA will host the DelMarVa conference in 2010 and we need to have your input and presence. Please contact any of the officers or board of directors with your ideas and volunteer to become an active member of this great organization. Looking forward to hearing from you.

Jennifer Lee



Delmarva Multi-Regional "Bridging The Chesapeake With Current GI Trends"

11th Annual Education Conference
March 27-29, 2009 Dover, Delaware

http://www.delawaresgna.com/forms/mr_2009.pdf



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Treasurer's Report

Checking Account \$ 23,588.34

Savings Account \$ 31,190.65

Balance \$ 54,778.99

MEET OUR NEW TREASURER

Karen Carlson RN CRN

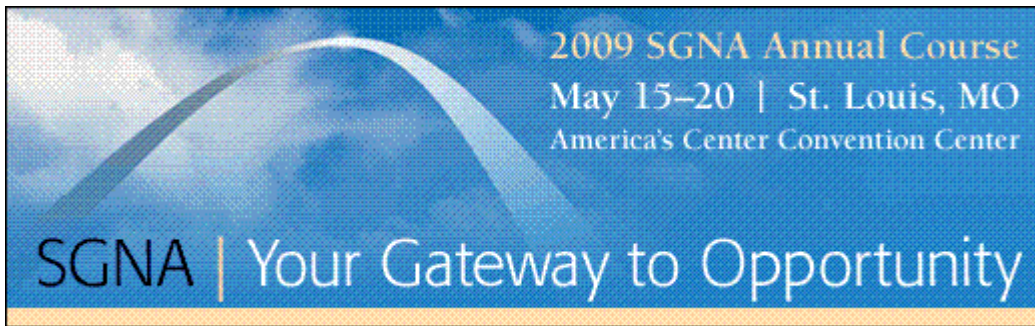
Karen has been a nurse for 30 years and has worked at Suburban Hospital for 15 Years. She is the Nursing Director of Radiology, OR Minor and Endoscopy Services. She joined GI Nursing 2 years ago as the Director. She is certified in Radiology Nursing and is studying to take the CGRN examination!



The CSGNA Board of Directors worked very hard last year to shore up the treasury while providing quality education to the members. The outcome is a healthy treasury. Scholarships will be available to be awarded this year. There will also be funding available for educational programs as vendor support changes based on new guidelines.

PRESIDENT ELECT

Hettie Mercer, RN, MSN, CGRN, is the manager of the Outpatient Procedure Suite at Sibley Hospital, of which Endoscopy is the largest department. Prior to becoming the manager 4 years ago, she was Sibley's Endoscopy Charge nurse for more than 15 years. She returned to school part time in 2003 and graduated from George Mason University with a MSN in Nursing Administration in 2007. Despite having taking the administrative track, her interest in GI Nursing remains strong and her commitment to keeping her staff, as well as herself current in GI through regional and national conferences attendance is highly important to her. She hopes to contribute to the CSGNA by serving as president elect.



Earn up to 42 CONTACT HOURS!



Welcome to CSGNA Medical Director



The executive committee is pleased to present Dr Jonathan M. Koff as Chesapeake's medical director for 2009. Dr Koff earned his BA degree from Wesleyan University in Middletown, CT in 1989. He added MD to his credentials in 1997 upon his graduation from Boston University. Dr Koff completed his internship and residency in internal medicine at Walter Reed Army Medical Center in Washington; and then completed his fellowship at Walter Reed in Gastroenterology and Hepatology. Sibley Hospital is now lucky enough to have Dr Koff as staff gastroenterologist. He has supported our GI nurses with his lecture Small bowel endoscopy- push, swallow, pull- new techniques and technology at our 1/2 day conference at Sibley in June 2008. We hope to tap his expertise again this year. Thank you Dr Koff for so generously sharing your time and talent with the nurses of CSGNA.

CSGNA SCHOLARSHIPS

The Chesapeake SGNA Board is proud to announce that it will award three scholarships for 2009 to be used to attend national or regional educational conferences. One \$1500 scholarship will be awarded to attend the SGNA National conference in St. Louis in May. Two scholarships- each \$500 will be awarded in memory of two of our members,

Kathy Maher and Debbie Krohn

All applicants should complete the CSGNA application for scholarship and complete a paragraph on why they should be considered for the scholarship.

The 3 scholarships will be awarded @ CSGNA GI Nurses and Associates Dinner

The CSGNA Board of Directors will choose the top 3 applications based on merit, past service, and need.

DEADLINE: FEBRUARY 28, 2009 @ Midnight

Send via e-mail to: EndoNurse@att.net

Applicants will be notified by e-mail/phone by 09 March 2009

CSGNA
Application for Educational Scholarship

Eligibility:

You may be eligible for a CSGNA Educational Scholarship if:

1. You have been a member of CSGNA for 1 or more years (Jan 1, 2008)
2. You must actively support the goals and philosophy of CSGNA and SGNA

You are ineligible if:

1. You have received a scholarship from CSGNA in the past 2 years
2. You are a member of the CSGNA Board of Directors

Name: _____

Address: _____

Phone: (H) _____ (W) _____

Place of Employment: _____ Position: _____

Certified: Yes Year _____ No Years of GI Experience _____

CSGNA Board or Committee Positions (include dates): _____

SGNA Board or Committee Positions (include dates): _____

Please send the following information in a paragraph:

1. Your goals and objectives for attending this offering:
2. Why you should be considered for this scholarship.

Please e-mail or fax completed applications by February 28, 2009 to:
Barbara Pedersen, RN BS CGRN
CSGNA Scholarships & Awards Committee
(H) 301-279-2579
(F) 301-593-6269
endonurse@att.net

Notification of Scholarship Awards will be sent by March 9, 2009 for the SGNA Conference.

All receipts and an expense report will be submitted to the CSGNA treasurer within 30 days after the offering to receive reimbursement. I understand that if I receive a CSGNA Scholarship, I am required to apply funds received toward expenses related to attending the course. The winner of the \$1500 scholarship will be expected to write an article for the CSGNA Newsletter and participate in the "Best of SGNA 2009" roundtable discussion to be held at the CSGNA Conference in November.

Signature: _____

Date: _____

2008 ASGE Guideline for Antibiotic Prophylaxis

The debate has raged on for years about the necessity for prophylactic antibiotics for GI procedures. The purpose of antibiotic prophylaxis during GI endoscopy is to reduce the risk of iatrogenic infectious complications. Previous ASGE guidelines recommended antibiotic prophylaxis for infective endocarditis (IE). Following major changes in the American Heart Association's recommendations published in 2007, the revised GI guidelines represent a substantial change from the previous recommendations.

These guidelines were published in 2008 in Gastrointestinal Endoscopy prepared by the standards of practice committee of the ASGE. The ASGE states that clinically significant infections are extremely rare. There are no data that demonstrate a causal link between endoscopic procedures and IE. And there are no data that demonstrate that antibiotic prophylaxis before endoscopic procedures protects against IE.

Antibiotics are not recommended:

- All cardiac condition including synthetic vascular graft or other non-valvular cardiovascular devices
- Prosthetic joints
- ERCP with complete drainage for bile duct obstruction without cholangitis (e.g. CBD stone)
- EUS-FNA of solid lesions in the upper-GI tract

Antibiotics are recommended for the following conditions:

- ERCP for bile duct obstruction without cholangitis with anticipated incomplete drainage during ERCP (PSC, hilar strictures)
- ERCP for sterile pancreatic fluid collection (pseudocyst, necrosis) which communicates with pancreatic duct
- EUS-FNA of cystic lesions
- Transmural drainage of pancreatic fluid
- PEG placement
- Cirrhosis and acute GI bleed (antibiotics started on admission) regardless of anticipated GI procedures

These guidelines must be applied to each patient on an individual basis and are subject to the discretion of the physician and patient. As nurses our responsibility is to get a thorough history from our patient or his family and review it with the physician prior to endoscopy.

Carolyn McQuighan